

Aging Disability Services 2004 Area Plan Report Card

Attachment #1

Timeline					BASIC NEEDS				
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	Comments	
			X		1. Secure affordable housing for 75 older adults or adults with disabilities. (Baseline: 27)	75	28		
X				✓	2. Increase by 100 the number of older adults and people with disabilities who access rides via neighborhood shuttles. (Baseline: 698)	798	976		
X				✓	3. Increase by 1,000 the number of older adults and their caregivers who are aware of appropriate benefits and services. (Baseline: 8,048)	9,453	10,841		
	X			✓	4. Increase by 50 the number of Native American elders who access ADS-funded services. (Baseline: 375)	425	678		
X					5. Increase by 50 the number of Native American elders who participate in health and wellness activities at the senior congregate meal program. (Baseline: 14)	74	11	ADS will investigate adding Lifetime Fitness in more sites serving Native Americans.	
X				✓	6. Increase by 50 the number of rural elders who have access to transportation to services. (Baseline: 224)	274	355		
	X				7. Increase by 50 the number of socially isolated rural elders referred to services. (Baseline: 1,081)	1,131	958		
			X		8. Increase by 20 the number of affordable housing units with services to support aging in place in one rural area that has the greatest need.			In Snoqualmie, WA, Coming Home helped fund pre-development of a new facility with 40 regular assisted living units and nine dementia units. Mt. Si Senior Center is a lead partner in the effort. Completion is scheduled for 2005.	

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Timeline					HEALTH & WELL BEING			
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	Comments
	X			✓	1. Increase by 1000 the number of older people living in King County who are aware of disease prevention measures which they can take to reduce depression, improve nutrition, increase immunity to influenza, increase their physical activity, prevent falls, and stop overuse of alcohol and prescription drugs. (Baseline: 120,894 Web hits and calls)	121,894	129,953 (121,498 webhits and 8,455 calls)	
			X		2. Demonstrate how chronic conditions self-management by the aging network can reduce health care costs. (Baseline: In progress)			ADS will submit proposal to DSHS in 2005 for a Medicaid Savings Project targeting 30 to 50 case mgmt. clients
	X				3. Increase by 50 the number clients in the case management program whose chronic diseases are under control. Chronic diseases that will be targeted include depression, diabetes, hypertension, heart disease, and chronic pulmonary obstructive disease. (Baseline: In progress)			
X					4. Increase by 500 the number of older adults who participate in regular physical activity. (Baseline: 2,528)	3,028	2,755	
	X				5. Increase by 30 the number of older adults whose symptoms of depressions and misuse of alcohol and prescription drugs are alleviated. (Baseline: 0)	30	23	
X					6. Increase by 30 the number of refugee elders participating in culturally appropriate health promotion activities. (Baseline: 130)	160	129	Objective revised in the 2006-07 Area Plan Update due to grant funds ending in 2004.
X				✓	7. Plan and coordinate a community summit on Healthy Aging with agencies involved in health promotion activities.	1	1	The Healthy Aging Partnership (HAP) held a forum in 2004. There were 52 attendees.
	X			✓	8. Increase by 300 the number of low-income older adults in the congregate meal program. (Baseline: 4,046)	4,346	4,545	
	X			✓	9. Increase by 200 the number of senior meal program participants who consume five servings of fruits and vegetables a day. (Baseline: 1,450)	1,605	1,705	3,065 Farmers Market projected for 2005

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Timeline					SOCIAL & CIVIC ENGAGEMENT				
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	Comments	
	X				1. Increase by 50 the number of universally designed public housing units built. (Baseline: 0)	50		UD Coalition is working with private developer to construct a single family home in Tukwila using UD principles. Projected completion is fall 2005.	
			X	✓	2. Increase community awareness of universal design principles. (Events & Articles, Baseline: 11)	15	23	UD Coalition continues efforts.	
	X			✓	3. Increase by two the number of neighborhood revitalization projects that include elder-sensitive design principles in their planning and policy documents. (Baseline: 0)	2	2 - Northgate and South Lake Union		
	X			✓	4. Increase by 50 the number of seniors trained in "Seniors Training Seniors in Computer Basics" program. (Baseline: 270)	320	511	Objective revised in the 2006-07 Area Plan Update.	
	X				5. Increase by 100 the number of older adults who are actively engaged in community life, through paid employment or volunteer referrals. (Baseline: 380 Paid Employment; 120 Volunteers)	480 Paid Employmt 220 Volunteers	392 Paid Employmt 213 Volunteers		

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Timeline					INDEPENDENCE FOR OLDER ADULTS & PEOPLE WITH DISABILITIES				
2004	2005	2006	2007	Completed	KEY OBJECTIVES	GOAL	2004 PROGRESS	Comments	
	X				1. Increase by 1,000 the number of family caregivers who receive supportive information that guides their long term care choices. (Baseline: 1,108)	2,108	1,371		
	X				2. Increase by 50 the number of family caregivers whose burden is reduced by increasing flexible service options. (Baseline: 44)	94	92		
X					3. Increase by 50 the number of people from Latino communities who access family caregiver resources. (2002 Baseline: 17)	67	42		
	X			✓	4. Advocate to increase funding in the state and Older Americans Act for family caregiver support, counseling, and peer support. (Baseline: \$776,452)	\$850,000	\$946,452	Flat funding for 2005 plus an additional \$50,000 the new Navigator Program for State Kinship Care.	
X				✓	5. Increase by \$500 Amy Wong Client funding for needs of case management clients who are under 60 years of age. (Baseline: \$2,500)	\$3,000	\$7,625		
X					6. Convene quarterly information-sharing sessions for representatives of the Developmental Disabilities and Aging networks (Baseline: 0)	1		Objective revised in the 2006-07 Area Plan Update. Advisory Council will include in 2006 meeting schedule.	
	X				7. Investigate possibilities for increasing the availability of case management and Information and Assistance.			Objective revised in the 2006-07 Area Plan Update. The 2-1-1 Information System begins January 2006.	
	X				8. Increase worker wages by \$1.00 per hour. (Baseline: \$8.43)	\$9.43	\$8.83	As of July 2005, worker wages is now \$9.20 per hour. Will increase to \$9.40/hr. in 2006	
	X				9. Increase by 35 the number of agency home care workers available in East Urban and East Rural King County. (Baseline: 75)	110		Objective is deleted in 2006-07 Area Plan Update, due to centralization of home care payment system at state	
			X		10. Increase the home care referral acceptance rate. (Baseline:)			Home care Referral System redesign in progress.	
	X			✓	11. Increase the number of referrals by gatekeepers to Adult Protective Services. (Baseline: 2,312)	>2,312		Established 2004 baseline.	